



Therapeutic Use Exemption (TUE) Documentation **For Renewal ADHD Medication(s)**

The prescribing physician should be clinically trained and practicing in psychiatry.

The prescribing physician should have interacted with the player a minimum of two visits since the last TUE was issued. Three or four encounters are encouraged. One of those visits should be within 60 days of the current renewal request. One of those visits must be in-office. Remaining encounters can be by telephone.

Exceptions are:

- a. If the current TUE was issued less than six months from the date of the new request, then one follow-up visit within 60 days of the current renewal is required.
- b. The player changes prescribing physicians. (Information may be required from both new and old providers)

For a TUE to be considered for the use of an ADHD medication, the following medical information must be submitted to the Independent Program Administrator (IPA) in a legible format for review.

Required are:

- a. Detailed documentation of all follow-up visits since the last TUE was issued. This includes current symptoms, diagnosis, medication efficacy, medication compliance in-season and off-season, and any observations and consequences when the medication is not taken for a brief period of time.
- b. Results of any follow-up laboratory or psychological testing that were done during the evaluation. Provide comment on test result abnormalities or improvements on medication.
- c. A detailed treatment plan that includes the medication for which a TUE is being requested. Include when follow-up with the player will occur.
- d. Documentation from your pharmacy of your prescription fills for your ADHD medication over the past year. This can be easily obtained by contacting your pharmacy, who will readily provide you with a printout.

All TUE documentation may be sent to the IPA:

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